

Prevention equals savings at NWTC

Posted on Friday, Jan 5, 2018

Campus Care, a collaboration between Northeast Wisconsin Technical College and Bellin Health, is bringing down health care spending for NWTC while giving employees and students easy-access options for care.

Through an onsite health and wellness center, NWTC employees can choose from many preventive and acute care options including treatment for chronic diseases like hypertension, high cholesterol and diabetes. They can also get immunizations, allergy treatments, complete physicals and blood drawn for certain tests.

Free services include treatment for infections, migraines, allergies, minor injury treatment and simple lab tests for things like mono, strep and pregnancy. Fitness and personal training, physical therapy, nutrition services as well as health coaching are all offered at the clinic.

And for mental health, the Employee Assistance Program is there to help with issues that might not be as easy to define.

Valarie Wunderlich, director of benefits and compensation in NWTC's Human Resources Department, says these free services help create a culture of health and wellness, with a long-term focus on better health through preventive action.

See more at WisBusiness.com.