

U.S. Rep. Grothman: Introduces Vitamin D Resolution

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(Washington, D.C.) – Congressman Glenn Grothman (WI-06) today introduced a House Resolution to recognize the significant role vitamin D may play in the fight against COVID-19.

This past December, [120 health, science and medical experts from the U.S., U.K., and Europe](#) sent an open letter to world governments stating that there is clear evidence that Vitamin D reduces COVID-19 infections, hospitalizations, and deaths.

Throughout 2020, Grothman has [discussed](#) the possible benefits of vitamin D for COVID-19 prevention, citing medical research studies out of [Northwestern University](#), [University of Chicago](#), and [Trinity College](#) in Dublin, Ireland, to name a few. These studies show a strong correlation between vitamin D deficiencies and negative COVID-19 patient outcomes, including severe symptoms, hospital stays, ICU admittance, and overall mortality rate. Furthermore, the studies suggest those with healthy vitamin D levels are likely to fare much better against COVID-19 infection because of the benefits vitamin D intake can have for overall respiratory health and immune response.

This past September, Dr. Anthony Fauci [endorsed](#) taking vitamin D supplements for immune system health and function.

*“During the early stages of the COVID-19 outbreak, the world was in need of a treatment for this virus while we awaited a safe, effective vaccine,” **said Grothman.** “While we now have vaccines to prevent COVID-19, not everyone has access to them yet, there are two existing COVID variants we know of, and people are still dying from the illness every day.*

“We have been told to listen to the science regarding COVID-19 since its inception. Now, 120 doctors from several of the world’s most prestigious medical institutions concur that there is overwhelming evidence that vitamin D can be effective in decreasing the severity of COVID-19, but our government’s top public health agencies still have not pursued this credible lead. The unwillingness of these agencies to investigate this lead has undoubtedly cost many lives. I once again call on the CDC, FDA, and NIH to study the connection between vitamin D deficiencies and COVID-19 and let the public know how this could help them in our fight against the virus, just as they have with other prevention methods during the pandemic.”

“If passed, my resolution will unite the voice of the House of Representatives in the search for additional ways to limit the negative effects of COVID-19 and hopefully encourage our public health establishment to issue much-needed guidance as to truly how effective vitamin D can be in preventing serious symptoms, complications, or death from the coronavirus.”