

Dept. of Human Resources: Reminds Wisconsinites it is not too late to get your flu vaccine

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Data from the Wisconsin Department of Health Services (DHS) show [influenza \(flu\)](#) activity is increasing significantly throughout Wisconsin ahead of the December holiday season, mirroring trends being observed around the country.

As of December 1, 2022, only 31% of Wisconsin residents have received their single-dose flu vaccine. DHS urges Wisconsinites to get vaccinated against the flu as soon as possible. Early data suggests the flu vaccine is a good match to protect against circulating strains of the virus.

“The best way to protect yourself and those around you from the flu is to get your annual flu vaccination,” said Dr. Jasmine Zapata, Chief Medical Officer in DHS Bureau of Community Health Promotion. “Everyone six months and older can get their flu vaccine today. This is especially important for those at highest risk of experiencing severe symptoms, including older people, people with chronic health conditions, people who are pregnant, and young children. But even if you are not at higher risk, getting the flu vaccine can help you from spreading it to others who may get seriously ill.”

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