Wisconsin BPDD: Living Well Grant releases healthy, safe and connected toolkit

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Madison — The Wisconsin's Board for People with Developmental Disabilities' (BPDD) Living Well Grant is releasing the Healthy, Safe and Connected Toolkit. The toolkit is designed to provide people with disabilities easy access to resources and plain language guides on how they can stay they can be healthy, safe, and socially connected in their lives. This free, statewide resource is available online or printed versions can be requested.

The toolkit was created in collaboration with Living Well self-advocates, Wisconsin Managed Care Organizations, and service providers in the long-term care system. It includes planning documents to develop an eating and exercise plan, an abuse and neglect reporting tool, a safe home plan, and an activity plan. The online version features fillable fields that can be completed digitally

People with disabilities often experience social isolation, leaving them 7 times more likely to be victims of abuse and neglect than the general public. "People with disabilities sometimes lack the knowledge and resources needed to live as independently and safely as possible," said BPDD Living Well Project Manager, Sally Flaschberger. "The goal of this toolkit is to get the right information in the hands of people with disabilities and their supporters to better understand how to be healthy, feel safe, and develop new social connections."

The Healthy, Safe and Connected toolkit is appropriate for use by people with disabilities, with support from their families, service providers, schools, non-profits, and other groups that work with people with disabilities. It is free and available to download in PDF versions from the Wisconsin Board for People with Developmental

Disabilities [website](). Print versions of the toolkit are available to order at this link: [Wisconsin-BPDD Toolkits Order Form]()