

Milwaukee County Board of Supervisors: Unanimously supports mental health treatment, recognizes May as Mental Health Awareness Month

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MILWAUKEE – Today, the Milwaukee County Board of Supervisors unanimously adopted a [resolution](#) supporting mental health treatment and care in addition to recognizing May as Mental Health Awareness Month. Supervisor Kathleen Vincent, who authored the legislation, made the following statement:

“Mental health impacts all of us in some way and it is time to break down the stigma associated with mental illness,” said Supervisor Vincent. *“I am grateful for the support I received from my doctor(s), friends, and support system at home. My journey has taught me the importance of mental health treatment and care, and I am committed to being an advocate and a positive example for those facing similar challenges.”*

The resolution aims to promote mental health awareness, combat the stigma associated with mental illness, and emphasize the importance of accessible and effective mental health services.

Supervisor Kathleen Vincent, a champion for mental health initiatives, shared her personal journey with mental health struggles during the Committee on Health Equity, Human Needs, and Strategic Planning this month. She bravely spoke about her own battle with mental illness and a suicide attempt before finding hope and

solace following help from her doctor in appropriately managing her illness.

Mental health is a critical issue affecting individuals across all cultures, races, ethnicities, genders, and sexual orientations. Statistics from the National Alliance on Mental Illness reveal that one in five U.S. adults experience mental illness each year, with one in twenty experiencing what can be described as “serious” mental illness.

The resolution continues the Milwaukee County tradition established in 1949, dedicating the Month of May to mental health awareness.

If you or someone you know is experiencing a suicidal, mental health, and/or substance use crisis, dial 988 to be connected with free and confidential support.