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## FOR IMMEDIATE RELEASE

**DATE:** Friday, March 1, 2019  
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### **Marshfield Builds Better Community with Opening of the Marshfield Clinic Health System YMCA**

Marshfield and surrounding communities are about to get healthier in mind, body and spirit. After years of planning and months of construction, phase two of the YMCA expansion and renovation project is complete. The YMCA Board of Directors and staff are thrilled to announce the opening of the new Marshfield Clinic Health System YMCA at 410 West McMillan Street on Monday, March 4, 2019.

The newly constructed state-of-the-art facility includes a Healthy Living Center (with 24/7) access, Strength Training Center, Multi-Generational Community Room, Welcome Center, and Member Lounge. Many areas of the existing Y were renovated as part of the project including group exercise rooms, the Child Watch area and Youth & Family Lounge. Grateful that a large portion of the project was done ahead of schedule, contractors are still hard at work in the Roehl Fieldhouse installing a very complex wood gym floor and walking/running track. Expected opening of the Roehl Fieldhouse is late April.

John Nystrom, Marshfield Clinic Health System YMCA CEO says he is excited to further the Y's mission to the community. "The Y is more than a place to work out - we're a place of community. Of course, members will have access to new fitness equipment and social areas, but there will be so much more; we'll be providing a positive, healthy, and safe environment for children, improving our own lifestyles, and engaging our elderly population."

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The Y encourages members of the community to tour the facility, speak with staff and sign up to become a Y member.

The Marshfield Clinic Health System YMCA is opening thanks to numerous donations from community businesses, foundations, families and individuals. Those who would like to contribute may still do so by visiting the Y.

To learn more, please visit [www.mfldymca.org](http://www.mfldymca.org)

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**The Marshfield Area YMCA** is a 501(c)(3) nonprofit organization strengthening community through youth development, healthy living and social responsibility. Across Marshfield and the surrounding communities, The Marshfield Clinic Health System YMCA serves over 10,000 members and participants - regardless of age, income or background - by nurturing the potential of children and teens, improving health and well-being, and providing opportunities to give back and support our neighbors. The Y collaborates with 32 community partners with in-kind support through facility usage, access to training, partnership and free programs open to the entire community. Through public and private support, the Marshfield Area YMCA provides over \$130,000 each year in financial assistance and program subsidies to enrich the lives of children, adults and families who otherwise could not afford its services. For more information, visit: [www.mfldymca.org](http://www.mfldymca.org).

