

NEWS RELEASE

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Graduate ready to move on, embrace new challenges

Coulthart, U.S. Marine Corps veteran, overcame variety of obstacles to earn degree

Story Link

Photos attached

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Editor's note: This story was included in the <u>Spring Commencement</u> digital newsletter published Saturday, May 4

Menomonie, Wis. — If Brent Coulthart felt like he was walking on air when he crossed the commencement stage Saturday, May 4, at University of Wisconsin-Stout, who could blame him?

A decade ago he quit college, unable to pay his loans. After five years in the U.S. Marine Corps, overcoming a drinking problem, coping with learning and physical disabilities, getting married and becoming a dad, he's ready for a new, exciting stage in his life.

"It's been a rollercoaster," Coulthart said. "I'm excited and happy with what I've accomplished and the barriers and struggles I've gone through."

Coulthart, 30, a native of Big Lake, Minn., who lives in Hammond, received a bachelor's degree in <u>business administration</u>, with an emphasis in construction and engineering technology. He also has a minor in project management.

Three <u>commencement ceremonies</u> were held at Johnson Fieldhouse for 1,319 graduates.

His first goal after graduating will be to land a full-time job "to provide for my wife and kids," he said, and he's considering graduate school at some point too. He hopes to land a project management job in the aviation industry, building off his academic achievements and military career in aviation.

Goal No. 2: Establish a normal lifestyle, something he hasn't had since he was a teenager.

That's when, as a senior in high school, his life began to spiral down, in part because of the recession. When his family lost their home through foreclosure, he was homeless for about five months, living with another family. A first-generation college student, he made it to Bemidji State University in Minnesota. After about two years, he couldn't pay his loans and dropped out.

Partly out of financial need, he joined the Marines in 2011. At Camp Pendleton near San Diego, as a Huey and Cobra helicopter mechanic then supervisor, he embraced the discipline of the military.

However, he struggled at first with the culture and began to drink heavily. It came to a head one night while he was talking with his sister on the phone. She realized he needed help. "I remember that night. I was halfway through a bottle of whiskey. I broke down and turned myself in for counseling," he said. "The military really helped me turn my life around."

Soon after, another helicopter mechanic made a difference in his life. He and his future wife, Brandy, began dating in 2013, married and in 2014 became parents of Isabel, 4. She was born while Brent was deployed to the Persian Gulf for seven months. They have a second child, Jackson, 2, and a third one due in August.

Dealing with dyslexia

With his life headed in the right direction, Brent left the Marines as a sergeant and collateral duty inspector in 2016 and enrolled at UW-Stout, using his military benefits to help defray the cost of college the second time around.

To be successful at UW-Stout, however, he had to deal with his dyslexia. His struggles with reading and comprehending had hurt his self-confidence and limited his potential going back to his youth. "I wasn't a very good student in high school," he said.

That changed at UW-Stout when he sought help from <u>Student Support Services</u> and from <u>Disability Services</u>, which receive federal funding. The former provided a writing specialist and adviser, Jamie Vue; the latter provided audio textbooks to reduce his reading load.

Vue met weekly with Brent for three years and witnessed his progress.

"Dyslexia is an invisible disability. People who have it can mix up letters, like 'b' and 'p,' mix up vowels and words can be jumbled. It can be overwhelming. Brent faced some challenges with reading that affected his writing," Vue said.

Once Vue identified a pattern with Brent's dyslexia, she found a strategy to help him deal with it. "He grasped that and took the initiative to apply it," she said.

"He already had good critical-thinking skills and life skills. It didn't take long for him to figure it out. He has a positive outlook and a good sense of humor. He turned a negative into something he could overcome," she said.

The result: A 3.94 grade-point average while at UW-Stout and multiple Chancellor's Awards for academic accomplishment. "Using these services made me successful. It's been a huge help," Brent said.

His only complaint is that his grades from Bemidji State count toward his GPA. He will miss graduating with honors by one-tenth of a percentage point.

More obstacles

Brent commutes about 60 miles round-trip daily from Hammond and three times a week about 90 miles when he picks up their children at a River Falls day care. Brandy is a full-time student at UW-River Falls, working toward becoming a math teacher. "We see each other about 12 to 15 hours a week," he said.

They also both have jobs, Brent in work study at UW-Stout's Veteran Services Office and Brandy at Walmart in Hudson as a customer service manager.

Brent is classified by Veterans Affairs as a disabled veteran because of wrist, knee, back and hearing injuries from the Marines. Brandy suffered a hip injury after a fall from the top of a stationary helicopter and also is a disabled veteran.

With his success and positive approach, Brent has become a role model at UW-Stout for other students and veterans, said Vue and Sarah Godsave, the benefits coordinator at the Veteran Services Office.

"He commutes and never misses a day, even in the worst weather. He's just a motivated, smart, hard-working guy," Godsave said. "Somehow he and Brandy manage to balance their lives for success."

UW-Stout has about 400 students who are active military or veterans, and the university recently was <u>named a national Best for Vets school</u> by the publication Military Times. About 5,000 veterans are enrolled at UW System schools.

UW-Stout is Wisconsin's Polytechnic University, with a focus on applied learning, collaboration with business and industry, and career outcomes.

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Photos

Brent Coulthart, a U.S. Marine Corps veteran who overcame several personal obstacles, graduated May 4 from UW-Stout with a degree in business administration.

Brent Coulthart works on the deck of the USS San Diego near Iwo Jima, Japan, while deployed to the Persian Gulf in 2014. He was a helicopter mechanic in the Marine Corps before enrolling at UW-Stout in 2016.

Brandy and Brent Coulthart, at their wedding reception in Minneapolis, met as helicopter mechanics in the Marine Corps. He graduated May 4 from UW-Stout, and she is a UW-River Falls student. They have two children with a third on the way.

Brent Coulthart receives his diploma May 4 during commencement at UW-Stout.

Jamie Vue